



B I O G R A P H Y

S A N D S ♦ w h o ?

The band biography of Sands starts in 2009 – fittingly so with the first joint performance of Sabrina Ernst (vocals) and Stefan Isch (piano). Booked for the same event without knowing each other, an immediate special musical connection developed between the two. After this encounter Sabrina and Stefan quickly agreed to launch their own musical endeavour. But since both of them were involved in various other projects at the time, Sands initially wasn't much more than an occasional informal meeting between improvisation and erratic song writing.

S A N D S ♦ w h a t ?

After the first gigs in a rather scanty piano & vocals garb, an utterly creative phase of experimenting began with the inclusion of a saxophone, harmonica, thumb piano, toy piano, loops and numerous sound tools. Sands developed and took shape: while Sabrina incorporated her gospel and soul roots into their music, Stefan flavoured the songs with his own version of singer-songwriter and film music as well as melancholic folk-pop. Out of this musical oasis, which initially merely served as a playground for their own creativity, a clear vision emerged, manifested in the 2016 debut album "A view from both sides". Sands, that's melancholy dressed in pop-folk.

It wasn't originally intended that Sands would commence its discography with a complete studio album. But it soon became evident that Sands had created an abundance of great song material, so that the planned EP turned into a full album. After years in partly rigid, multitudinous band formations, Sands proves a downright liberation for the two musicians. Their different musical backgrounds allow them to fully act out their musical freedom without having to compromise. The ten songs of "A view from both sides" are the best and most beautiful evidence.